COURAGE TO LIVE SERIES: IT’S A MATTER OF HEALTH
TEENS TALK, PARENTS TALK
FEBRUARY 7, 2019 - MAY 2, 2019

OPPORTUNITIES FOR YOUTH AND ADULTS TO ENGAGE IN PRODUCTIVE CONVERSATIONS ABOUT TOUGH HEALTH ISSUES CONFRONTING BLACK YOUTH TODAY

SELF-CARE, VIOLENCE, GRIEF, MENTAL HEALTH, OBESITY, SEX, SUBSTANCE USE AND ABUSE, AND SPIRITUAL HEALTH

YOUTH HOPE-BUILDERS ACADEMY
INTERDENOMINATIONAL THEOLOGICAL CENTER (ITC)
700 MARTIN LUTHER KING JR. DR. SW
ATLANTA, GEORGIA 30314
THE YOUTH HOPE-BUILDERS ACADEMY (YHBA)

The overall goal of YHBA is to promote Black youths' formation of a valued ethnic-cultural and Christian identity; their theological understanding and practices of the Christian lifestyle and leadership; and their movement toward hope-bearing Christian vocation according to their gifts and interests. This goal is currently implemented in the YHBA Bridges Initiative. In this initiative, YHBA creates bridges between the ITC office and local congregations, community organizations, parents/caregivers and other adults who can contribute to the spiritual nurture and leadership development of youth in the center and margins of church life and those living in the shadows of churches, often called un-churched youth. As Bridge Units, individual churches or clusters of congregations across the denominational spectrum carry out the YHBA curricula, commit to reach these high school youth and embrace them in church life. Each year, a new group of churches/congregations becomes Bridges. Occurring within and beyond the United States, YHBA units currently exist in Georgia, Alabama, South Carolina, Virginia, Michigan, Connecticut, South Africa, Ghana, Kenya, Nigeria, and Australia. YHBA has carried out annual youth and family convocations in the U.S. and four Pan-African Summits including ones in South Africa, Ghana, Kenya, and at Tuskegee University in the U.S.

Since 2008, YHBA has engaged in three major research projects. These efforts include "Vision Quest: A Study of Efforts, Challenges and Needs of Youth Ministry Leaders in Black Congregations" (2008-2011). This study resulted in two publications including Youth Ministry in the Black Church: Centered in Hope (Judson 2013) by authors Anne Streaty Wimberly and two ITC graduates Sandra L. Barnes, and Karma D. Johnson; and Empowering Black Youth of Promise: Education and Socialization in the Village-Minded Black Church (Routledge Research in Education, 2016) by authors Sandra L. Barnes and Anne Streaty Wimberly. The second research project is "Building Bridges of Hope: The Church's Role in Reaching Disconnected Black Youth" carried out by Anne Streaty Wimberly, Casina Washington, Sarah Farmer, and Pamela Perkins from which data were collected from 435 Black teens aged 13-18 with an added dimension entitled "My Hope Is Built" undertaken by Pamela Perkins centered on graduates of YHBA who are part of the millennial generation. Selected research results from "Building Bridges of Hope" appear in an article authored by Anne Streaty Wimberly entitled "Black Youth Speak Out: An Urgent Call for Hope-Bearing Response," Journal of Pastoral Theology, 26(2), 2016:102-120. A full-length manuscript authored by the research team on this research is underway. Added publications based on YHBA endeavors include: Keep It Real: Working With Today's Black Youth (Abingdon 2005), edited by Anne Streaty Wimberly; and Raising Hope: Four Pathways to Courageous Living for Black Youth 2 (New Room Books, UMC General Board of Higher Education and Ministry Academic Books, 2017), authored by Anne Streaty Wimberly and Sarah Frances Farmer.
YOUTH HOPE-BUILDERS ACADEMY COURAGE TO LIVE SERIES
REGISTRATION FORM FOR ONE PARTICIPANT
Ten Sessions from February 7, 2019 - May 2, 2019

Participant Information

Full Name: _______________________________________________________________________
Last First M.I.

Address: ________________________________________________________________________

City: ____________________________ State: ___________ Zip: ______________________

Phone: ____________________________ Email: ______________________________________

Church or Organization __________________________________________________________________

☐ Child (12 yrs and under) ☐ Teen ☐ Young Adult ☐ Parent
☐ Grandparent ☐ Church Leader ☐ Other Adult ☐ Male ☐ Female

Please Complete Below if you are an Accompanying Parent/Guardian or Advisor
of an Above Named Child or Teen

Full Name: _______________________________________________________________________
Last First M.I.

Address: ________________________________________________________________________

City: ____________________________ State: ___________ Zip: ______________________

Phone: ____________________________ Email: ______________________________________

Relationship: ______________________________________________________________________

Event Specific Needs Information

Any known food allergies or dietary restrictions? ☐ Yes ☐ No

If yes, please list: __________________________________________________________________

In case of emergency, contact: Name: __________________________________________________________________

Relationship ____________________________ Phone: __________________________

Media Release

I give my full and unconditional consent and permission to use my name, photo, voice or other media in
YHBA’s print and electronic communication. I also authorize YHBA to interview, record or photograph me at
this event without expectation of compensation for internal or public purposes in support of YHBA’s mission
of guiding the holistic development of Black youth, preparing them to make hope-bearing choices in everyday
life, empowering them to be strong Christian leaders in today’s and tomorrow’s Church and world, and of
promoting support of these youth by adults.

☐ Yes ☐ No
COURAGE TO LIVE SERIES: IT’S A MATTER OF HEALTH
REGISTRATION FEES
LIMITED SEATING AVAILABLE

**[E] EARLY REGISTRATION COST UNTIL JANUARY 18, 2019:** Please select from the following:

- $25 Fee for all 10 sessions shown below for one person or up to a family or group of four persons
  - [Attach Individual or group registration form(s)] Refreshments included.

- $5 Fee per person for each individual session (Make your election below). Refreshments included

**[L] LATE REGISTRATION FROM JANUARY 18 - FEBRUARY 1, 2019 [NO ONSITE REGISTRATION]:**

- All sessions $30
- Individual Sessions $8

### SELECTION OF SESSIONS

<table>
<thead>
<tr>
<th>Date</th>
<th>Session Title</th>
<th>Register (Circle the number to attend)</th>
<th>Cost (Circle) Early</th>
<th>Late</th>
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<tbody>
<tr>
<td>February 7 - May 2, 2019 6 - 8 p.m.</td>
<td>All Sessions</td>
<td>Circle: 1 2 3 4</td>
<td>$25</td>
<td>$30</td>
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<tr>
<td>February 7, 2019</td>
<td>Creating a Family Environment for Well-Being: Ground Rules</td>
<td>1</td>
<td>$5</td>
<td>$8</td>
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<tr>
<td>February 21, 2019</td>
<td>Mental Health: Adolescent Body Image, Self-Worth, Affirmation &amp; Acceptance of Black Beauty</td>
<td>1</td>
<td>$5</td>
<td>$8</td>
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<tr>
<td>February 28, 2019</td>
<td>Adolescent Mental Health: Red Flags and Tips on Addressing Issues</td>
<td>1</td>
<td>$5</td>
<td>$8</td>
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<tr>
<td>March 7, 2019</td>
<td>Adolescent Grief, Mourning and Healing</td>
<td>1</td>
<td>$5</td>
<td>$8</td>
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<tr>
<td>March 21, 2019</td>
<td>Diet and Nutrition is a Family Thing: You, Me, Us</td>
<td>1</td>
<td>$5</td>
<td>$38</td>
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<tr>
<td>March 28, 2019</td>
<td>Fitness Focus and Fitness: It’s a Family Thing</td>
<td>1</td>
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<td>$8</td>
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<tr>
<td>April 11, 2019</td>
<td>Adolescent Substance Use and Abuse: What You Don’t Know Will Hurt You</td>
<td>1</td>
<td>$5</td>
<td>$8</td>
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<tr>
<td>April 18, 2019</td>
<td>Sex and Sexuality: Tough Questions, Necessary Answers</td>
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<td>$8</td>
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<td>April 25, 2019</td>
<td>Spiritual Health: Anchors for Health, Hope and Joy</td>
<td>1</td>
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<td>$8</td>
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<td>May 2, 2019</td>
<td>Celebrating Wellness: It Takes a Family–You, Me, Us</td>
<td>1</td>
<td>$5</td>
<td>$8</td>
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<td><strong>Total Enclosed</strong></td>
<td></td>
<td>Early Registration Amount:</td>
<td>Late Registration Amount:</td>
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Please make and send payments by check, bank draft or money order to:
Youth Hope-Builders Academy
ATTN: Dr. Anne E. Streaty Wimberly
700 Martin Luther King Jr. Drive, SW, Atlanta, Georgia 30314-4143